

Podiatrists and Pain Management

BY BARRY H. BLOCK, DPM, JD

Looking back on the evolution of podiatric medicine and surgery, one of the underlying factors in our growth has been our ability to rapidly treat painful feet and ankles. We are all familiar with the famous adage, "When your feet hurt, you hurt all over." This truism is particularly relevant to our medical specialty because we are best suited to provide immediate pain relief to our patients.



Consider heel pain, the most commonly reported reason a patient comes to your office. While many other allopathic specialists generally can merely take x-rays or refer patients out, we can usually provide immediate relief via injections, strappings, and pre-fabricated orthotics, among many available options.

Another common scenario is patients presenting with a painful ingrown toenail. If they visit an emergency room or urgent care center, they will likely limp out with same pain they had before. However, a visit to your office means an avulsion of the offending spicule and immediate relief.

There are, of course, dozens of other acute and chronic conditions we treat. This special issues contains multiple articles covering the latest devices, procedures and pharmaceuticals available to treat these conditions.

Respectfully Submitted,

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