

Podiatric Medicine in the Age of Clinical Intelligence



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Podiatry is a biomechanical discipline often forced to rely on subjective, static diagnostic tools. While clinical training emphasizes the nuance of gait and musculoskeletal pathology, the primary intervention methods—plaster, impression boxes, and hand milling—have remained largely unchanged since the mid-20th century. Compliance processes that run through paper notes and faxes further underscore the “Crisis of Data” in the modern clinic.

Hike Medical represents more than a technological update; it is the introduction of a Clinical Intelligence layer that solves the “Crisis of Data”. The platform functions not as a replacement for clinical judgment, but as an “operating system” that leverages deep learning to synthesize anatomical inputs into precise therapeutic outputs and improve the economics of the practice.

AI-Assisted Documentation: Solving the 85% Error Rate

Medicare data shows that spending on diabetic shoes and inserts has seen a 55% contraction between 2014 and 2023. This is not a reflection of diminished patient need, but rather an exorbitant documentation burden. CMS publications indicate that 47% of claims in this category potentially involve improper payments, with 85.5% of at-risk claims attributed to insufficient documentation. Any of these funds could be clawed back, creating a “compliance tax” that threatens the fiscal viability of the independent practice.

Hike Medical utilizes AI to reduce the compliance risk inherent in providing diabetic shoes + inserts. By integrating insurance eligibility checks and benefits investigation, automated document procurement for prescriber and certifier notes, and the generation of Medicare-compliant SOAP notes into a single workflow, the platform shifts the administrative burden from the clinician to the “Clinical Intelligence” layer.

Internal pilot data indicate that by utilizing this system, clinics have improved their audit success rate and reduced the duration of a clinical encounter, allowing the physician to focus on patient treatment and care rather than technical writing.

Computer Vision: From Static Impressions to Pathology Insights

Hardware dependence also remains a significant operational bottleneck. Structure scanners are capital-intensive, while impression boxes are cumbersome and contact-dependent. The “crush” of a foam block often displaces soft tissue and critical landmarks like the medial longitudinal arch. The result is a shape capture that is a mere approximation of the patient’s true anatomy. While manual meth-

ods are fraught with practitioner-to-practitioner variance, physicians can achieve a near-perfect statistical correlation to actual morphology with digital 3D scanning.

Hike Medical uses proprietary computer vision to replace the ‘artisanal’ margin of error with digital precision. Our platform enables high-fidelity 3D mapping from any smartphone without an app or sensor, capturing a precise anatomical model in under 60 seconds. This is not mere imaging; it is a synthesis of over 10TB of labeled foot scans processed through a neural network trained to detect and document pathologies like bunions, calluses, and ulcers. By moving the “lab” into the clinician’s pocket, the system provides a level of precision that traditional hand-milling cannot replicate. It also frees physicians from the capital intensity, hardware requirements, or software updates that structure scanners require.

Our precise measurement and 3D print ability has facilitated near-perfect first-time fit rates. Because every foot is unique, our inserts also remain grindable up to half an inch to allow for custom adjustments. When coupling this precise fit and adjustability with our 7-day turnaround, any podiatry practice can transform a traditionally high-friction, unprofitable service into a predictable, high-margin clinical pathway.

The Economic Imperative of Clinical Intelligence

The “value” of a podiatric practice is currently being eroded by unnecessary manual labor. We’ve heard stories of diabetic shoes and inserts visits requiring up to two hours of administrative coordination and 45 minutes of a clinician’s time. Even with a modest risk of audit in the current regulatory environment, the expected profit per transaction is undermined by operational drag. **Hike Clinical transforms the practice math by converting administrative drag into predictable clinical margin.**

As the profession navigates the complexities of modern healthcare, AI should be viewed as a sophisticated enablement partner for the practitioner. By eliminating the operational headaches and documentation risks of the legacy model, Hike Medical empowers podiatrists to reclaim their time and improve the musculoskeletal health of their patients through precision-engineered, data-driven care. The future of clinical orthotics is no longer a matter of subjective impressions; it is a matter of digital synthesis.

For more information visit hikemedical.com or click here.

¹ Analysis of Medicare Durable Medical Equipment, Devices & Supplies—by Supplier; includes A5500, A5501, A5512, A5513, A5514, L3000, L3010, L3020, L3030, L3215, L3216, L3217, L3218, L3219, L3220, L3221, and L3222, excludes rental devices

² <https://www.cms.gov/training-education/medicare-learning-network-mln-compliance/medicare-provider-compliance-tips/therapeutic-footwear>

³ A Comparative Analysis of Foot Orthosis Manufacturing Results Using the Gips Roll Casting and Custom 3D Scan Method. (2024). Jurnal Keterampilan Fisik, 9(1), 31-38. <https://doi.org/10.37341/jkf.v9i1.410>