

Podiatry-Relevant ICD-10-CM Changes

It's important to keep up with these new codes.

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Every year, a new ICD-10 Clinical Modification (ICD-10-CM) code set is released which takes effect on October 1. This year, there are 252 new codes, 36 code deletions, and 13 code revisions that take effect with the new code set on October 1, 2024. There are changes among these that will affect most podiatrists. All practices should be using the new ICD-10-CM code set effective October 1, 2024. Here, some podiatry-pertinent ICD-10-CM changes that take effect October 1, 2024 are shared.

Sever's Disease

Until October 1, 2024, there was an inconsistency in the ICD-10-CM code set where "calcaneal apophysitis" was listed as an inclusion term under M92.8 (Other specified juvenile osteochondrosis) and "Osteochondrosis (juvenile) of calcaneum [Sever]" was listed as an inclusion term under M92.6 (Juvenile osteochondrosis of tarsus). To eliminate this inconsistency, "Calcaneal apophysitis" will be deleted as an inclusion term under M92.8 (Other specified juvenile osteochondrosis). With this change, M92.6 should be used to represent Sever's disease.

Diabetes

Until October 1, 2024, the diabetes code stems E08-, E09-, E11-, E13- all carried with them the instruction to "use additional code to identify control" using either:

Z79.4—Long term (current) use of insulin
OR

Z79.84—Long term (current) use of oral hypoglycemic drugs

These two options did not include the ability to indicate the use of injectable non-insulin antidiabetic drugs. Starting October 1, 2024, this will be addressed by adding the third option of:

Z79.85—Long-term (current) use of injectable non-insulin antidiabetic drugs

Under the E10- type 1 diabetes codes, there is a new 4th character op-

E66.811 Obesity, class 1
E66.812 Obesity, class 2
E66.813 Obesity, class 3
E66.89 Other obesity not elsewhere classified

Dermatologic Conditions

Prior to October 1, 2024, L29.8 (Other pruritus) was a complete code. Starting October 1, 2024, L29.8- will no longer be a complete code and will require additional charac-

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tion of "A" in the new code set which represents presymptomatic type 1 diabetes. With this new 4th character option, the new E10- codes include:

E10.A- Type 1 diabetes mellitus, pre-symptomatic

E10.A0 Type 1 diabetes mellitus, presymptomatic, unspecified

E10.A1 Type 1 diabetes mellitus, presymptomatic, Stage 1

E10.A2 Type 1 diabetes mellitus, presymptomatic, Stage 2

Obesity

Prior to October 1, 2024, E66.8 (Other obesity) was a complete code. Starting October 1, 2024, E66.8- will no longer be a complete code and will require additional characters. This change creates the following new codes:

E66.81- Obesity class

ters. This change creates the following new codes:

L29.81 Cholestatic pruritus
L29.89 Other pruritus

Prior to October 1, 2024, L66.1 (Lichen planopilaris) was a complete code. Starting October 1, 2024, L66.1- will no longer be a complete code and will require additional characters. This change creates the following new codes:

L66.10 Lichen planopilaris, unspecified

L66.11 Classic lichen planopilaris

L66.12 Frontal fibrosing alopecia

L66.19 Other lichen planopilaris

Prior to October 1, 2024, L66.8 (Other cicatricial alopecia) was a complete code. Starting October 1, 2024, L66.8- will no longer be a com-

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plete code and will require additional characters. This change creates the following new codes:

- L66.81 Central centrifugal cicatricial alopecia
- L66.89 Other cicatricial alopecia

Eating Disorders

When the documentation associated with an encounter indicates that an eating disorder was present and played a role in the care provided, the diagnosis code for the eating disorder may be listed. There are significant changes to coding for some common eating disorders in this new code set.

Prior to October 1, 2024, F50.01 (Anorexia nervosa, restricting type) was a complete code. Starting October 1, 2024, F50.01- will no longer be a complete code and will require additional characters. This change creates the following new codes:

- F50.010 Anorexia nervosa, restricting type, mild
- F50.011 Anorexia nervosa, restricting type, moderate
- F50.012 Anorexia nervosa, restricting type, severe
- F50.013 Anorexia nervosa, restricting type, extreme
- F50.014 Anorexia nervosa, restricting type, in remission
- F50.019 Anorexia nervosa, restricting type, unspecified

Prior to October 1, 2024, F50.02 (Anorexia nervosa, binge eating/purging type) was a complete code. Starting October 1, 2024, F50.02- will no longer be a complete code and will require additional characters. This change creates the following new codes:

- F50.020 Anorexia nervosa, binge eating/purging type, mild
- F50.021 Anorexia nervosa, binge eating/purging type, moderate
- F50.022 Anorexia nervosa, binge eating/purging type, severe
- F50.023 Anorexia nervosa, binge eating/purging type, extreme
- F50.024 Anorexia nervosa, binge eating/purging type, in remission
- F50.029 Anorexia nervosa, binge eating/purging type, unspecified

Prior to October 1, 2024, F50.2 (Bulimia nervosa) was a complete code. Starting October 1, 2024, F50.2- will no

longer be a complete code and will require additional characters. This change creates the following new codes:

- F50.20 Bulimia nervosa, unspecified
 - F50.21 Bulimia nervosa, mild
 - F50.22 Bulimia nervosa, moderate
 - F50.23 Bulimia nervosa, severe
 - F50.24 Bulimia nervosa, extreme
 - F50.25 Bulimia nervosa, in remission
- Prior to October 1, 2024, F50.81 (Binge eating disorder) was a complete code. Starting October 1, 2024, F50.81- will no longer be a complete code and will require additional char-

acters. This change creates the following new codes:

- F50.810 Binge eating disorder, mild
- F50.811 Binge eating disorder, moderate
- F50.812 Binge eating disorder, severe
- F50.813 Binge eating disorder, extreme
- F50.814 Binge eating disorder, in remission
- F50.819 Binge eating disorder, unspecified

Two other new eating disorder ICD-10-CM codes will be:

- F50.83 Pica in adults
 - F50.84 Rumination disorder in adults
- Pica is an eating disorder which involves eating non-nutritive, non-food substances over a period of at least one month. This typically involves a child eating items that are not in keeping with the child's developmental stage and behavior that is not socially normative or culturally acceptable.¹

Rumination disorder is a functional gastrointestinal disorder defined as the effortless regurgitation of recently ingested food from the stomach back into the oral cavity in the absence of organic disease.²

Synovitis/Tenosynovitis

Prior to October 1, 2024, M65.9 (Synovitis and tenosynovitis, unspecified) was a complete code. Starting

October 1, 2024, M65.9- will no longer be a complete code and will require additional characters. This change creates the following new codes:

- M65.96- Unspecified synovitis and tenosynovitis, lower leg
- M65.961 Unspecified synovitis and tenosynovitis, right lower leg
- M65.962 Unspecified synovitis and tenosynovitis, left lower leg
- M65.969 Unspecified synovitis and tenosynovitis, unspecified lower leg
- M65.97- Unspecified synovitis and tenosynovitis, ankle and foot

Prior to October 1, 2024, M65.9 (Synovitis and tenosynovitis, unspecified) was a complete code. Starting October 1, 2024, M65.9- will no longer be a complete code and will require additional characters.

- M65.971 Unspecified synovitis and tenosynovitis, right ankle and foot
- M65.972 Unspecified synovitis and tenosynovitis, left ankle and foot
- M65.979 Unspecified synovitis and tenosynovitis, unspecified ankle and foot

- M65.98 Unspecified synovitis and tenosynovitis, other site
- M65.99 Unspecified synovitis and tenosynovitis, multiple sites **PM**

References

CMS.GOV 2025 ICD-10-CM, <https://www.cms.gov/medicare/coding-billing/icd-10-codes/2025-icd-10-cm>

¹ Al Nasser Y, Muco E, Alsaad AJ. Pica. [Updated 2023 Jun 26]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK532242/>

² Kusnik A, Vaqar S. Rumination Disorder. [Updated 2023 May 8]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK576404/>



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