

## Dermadry's Anti-Sweat Device: The Key to Dry and Healthy Feet

By Sam Nardi

**Dermadry** is an FDA-cleared tap water iontophoresis device that treats hyperhidrosis of the hands, feet, and underarms, which affects approximately 5% of the global population. The amount of sweat produced by someone who suffers from hyperhidrosis generally exceeds that of the average person by 4-5 times, and is in excess of what is needed for thermoregulation.

Plantar hyperhidrosis is a challenging, draining, and uncomfortable condition that can cause embarrassment for its sufferer. Sweaty feet can ruin shoes, limit choice of footwear, and lead to foot odor that make sufferers fear social situations.

Additionally, plantar hyperhidrosis is consistently ranked as one of the greatest risk factors for infections and conditions affecting the feet. A 2016 study found that the overall risk of any skin infection was increased in sites with hyperhidrosis. There is also an increased risk of fungal infections, with a particularly increased risk for dermatophyte infections, such as athlete's foot. This is caused by the softening of the skin due to excessive sweating, which can also lead to recurring cases of ingrown toenails.

Thanks to Dermadry, Americans now have access to the first and only home-use tap water iontophoresis device with the seal of approval from the American Podiatric Medical Association.

Dermadry's anti-sweat device allows patients to treat excessive sweating from the comfort of their home. Their device is designed with simplicity, efficiency, and safety in mind, allowing patients to regain freedom by breaking free from the constraints associated with excessive sweating and by customizing their treatment schedule to fit their lifestyle.

Maintaining a treatment schedule, determined by visually assessing the patient's level of hyperhidrosis (mild, moderate or severe), is key to maximizing the efficiency of iontophoresis treatment. Based on where the patient falls on the plantar hyperhidrosis severity scale, 3-5 20-minute treatments are performed per week for a duration of 1-6 weeks. A maintenance phase must then be followed to upkeep results, during which treatments can be performed as little as once every 2-3 weeks.



Significant clinical research has been conducted on the effectiveness and safety of tap water iontophoresis in the treatment of hyperhidrosis, and how it can improve patient quality of life. Every year, more studies are being conducted, as iontophoresis gains popularity as a treatment option for hyperhidrosis. Studies have consistently proven that iontophoresis is a simple, safe, economic, and effective treatment option for hyperhidrosis. These studies report success rates ranging from 90-100% of patients. An internal survey

conducted on 750 Dermadry users found that 98.3% of users noticed a reduction in sweating following the completion of the initial treatment phase.

Iontophoresis is a non-invasive, drug-free, and needle-free treatment option that can provide long-term results with minimal side effects. It is often prescribed when con-

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ventional antiperspirants fail. It is a first-line treatment option that is prescribed prior to botulinum toxin injections, surgical intervention, and long-term drug therapy.

Iontophoresis treatment is one of the most effective and affordable ways to treat excessive sweating. It eliminates the

recurring cost of antiperspirant creams, powders, and wipes as well as the cost of replacement footwear damaged by excessive sweating. It allows those living with hyperhidrosis to regain control over their lives, which was once lost to the limitations of living with an uncontrollable, chronic condition.

Healthy feet begin with dry feet. *Learn more about Dermadry's anti-sweat device by visiting [dermadry.com](http://dermadry.com) or clicking here.*

